



STAYCONNECTED

Activity #1: Discussion on Technology use

Activity Objective

This activity encourages participants to reflect on their experiences with technology in hybrid work environments. It helps them identify both the benefits and challenges of these tools, setting the stage for deeper exploration of communication dynamics.

Activity Outline

In small groups, participants share examples of technologies they use in hybrid teams and discuss their impact on collaboration and productivity. Each group presents one insight to the larger group, fostering shared learning and engagement.

Time: **10 minutes**

Reflect on the following questions:

- **How has it helped your team collaborate?**
- **What challenges has it presented?**



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