



## The Happiest Team

**Team name:** \_\_\_\_\_

### **Our commitments to tech balance**

Team tech goals (each team member writes one goal)

(Name 1): \_\_\_\_\_

(Name 2): \_\_\_\_\_

(Name 3): \_\_\_\_\_

(Name 4): \_\_\_\_\_

(Name 5): \_\_\_\_\_

(Name 6): \_\_\_\_\_

(Name 7): \_\_\_\_\_

### **Final pledge** (one-sentence commitment from the team)

*Example: "We commit to integrating these tech balance strategies into our work to support well-being and productivity in our hybrid team."*

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